

Oak Hill Church of England Primary School

*'Jesus said, 'I have come that you may
have life in all its fullness'
(John 10:10)*

FAITH – VALUES – ACTION



Newsletter Friday 3rd February 2023

Ofsted Monitoring Visit

It was lovely to welcome Jen Southall, the HMI, into school on Tuesday. She spent the day meeting staff, Governors, speaking to the pupils, looking at books and learning about our plans for the future.

A monitoring visit does not produce a full report in the same way. It is really a measure of our capacity to improve and seeing how our improvements are already impacting the outcomes for children. A letter will come out in a few weeks' time.

We were delighted with the day and I am very proud of all the children for the way they spoke about their education and their happiness in life at Oak Hill.

SCARF Education

Also on Tuesday, we were delighted to welcome Anita Collins from SCARF Education into school. She brought her large blow up tent and all the classes spent time with Anita discussing aspects of healthy lifestyles and emotional health.





'Let's Connect'- Activity Day

As part of Children's Mental Health Week (6th-12th February 2023), we will be running a 'Let's Connect' activity day on Tuesday 7th February. In groups, the children will be taking part in various activities throughout the morning.

Children will be encouraged to look at how we can make meaningful connections. Connections are vital for our wellbeing and survival. When we have healthy connections with our family, friends and others this can support our mental health and our sense of wellbeing. In the afternoon, they will all come together and school will provide a healthy fruit snack for them to enjoy whilst discussing what they enjoyed and learnt from the day.

Could the children please come to school in PE kit and bring wellies or outdoor shoes (if they have some) in a named bag

with them on Tuesday as well as a warm coat or waterproof jacket. They might get a little muddy, as one of the activities will be gardening!

We are excited about this day!

Therapeutic Gardening

The children had the opportunity to propagate the Aloe Vera pups away from the mother plant and repot. They learnt how important is it not to overwater these plants. Throughout the session, the children had plenty of opportunities to get their hands dirty and touch the soil. Doing this increases serotonin levels, a happy chemical that lifts our mood and helps us feel relaxed. The children were also excited to see that the broad bean plants had recovered from all the frost!





Mental Health and Wellbeing

The 30-day wellbeing challenge is due to end 9th February; as we enter the last week, here are some ideas to get you inspired over the weekend. Let's have a big push to complete some activities and do not forget to fill in the booklet. Once the challenge has finished, the booklets need to be returned to school by Monday 13th February please so we can prepare the certificates!

Please do send any photos you might have taken to Mrs Edwards via Dojo - we would love to see them.

Be Active

Go swimming

Make up a dance to your favourite piece of music

Connect

Greet people with a friendly smile and a friendly word

Write someone a letter telling them about your day

Keep Learning

Learn how to tie your shoelaces

Learn how to write with your non-dominant hand

Give (Be Kind)

Offer to help someone who might need it

Ask if you can do some jobs in the house

Take Notice

Get a new plant for your home or plant some seeds and watch them grow

'Collect a Rainbow'

Collect or find things that match each colour of the rainbow

FOOHS Date for the Diary

FOOHS Disco - Thursday 30th March.
Further details to follow

Online Safety

Most parents frequently chat with their child about how things are going at school or what's happening in their friendship groups – but those discussions often doesn't extend to youngsters' online activities. In fact, National Online Safety conducted a recent survey which found that only slightly more than half (54%) of parents regularly talk to their children about staying safe online.

It can be an awkward topic to broach and, of course, it needs not to feel intrusive. However, just checking in with your child about their digital life can get them thinking about online safety and alert you to any issues they might be having. In support of Safer Internet Day 2023, our #WakeUpWednesday guide has some useful tips on potential ways to start those conversations.

In the guide you'll find a number of useful tips such as being as honest as possible, discussing how misleading the online world can be and creating a 'family agreement'.

At National Online Safety, we believe in empowering parents, carers and other adults with the information to help an informed conversation about online safety with their children. Should they feel the need. This guide covers some of the key issues that you should be aware of. Please tell us how you find this guide by clicking on the star at the bottom.

Tips For Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people. For more so than for previous generations, there are many positives to children being able to access online resources, so it's important not to demonise the internet, games and apps, and to recognise the benefits of their positive aspects. At the same time, we do have a responsibility to educate children on the risks of the internet that may encounter online. (Let us be clear about real-world dangers.) It is important that we don't shy away from talking to them about this danger - and often a sensitive subject - so that they can understand their own role in their safety.

Here are some suggestions for kicking off conversations with your child about their digital lives.

MAKE YOUR INTEREST CLEAR
Showing an interest when your child is using the internet is a good sign. It shows that you care about their online lives. It also shows that you are interested in their interests. It is important to show your child that you are interested in their online lives. This can help them to feel more comfortable talking to you about their online lives. It can also help them to feel more confident about their online lives. It can also help them to feel more confident about their online lives.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL
It's important to discuss with your child that not everything they see online is real. This can help them to understand that they should not believe everything they see online. It can also help them to understand that they should not share anything online that they are not happy to share in real life. It can also help them to understand that they should not give out any personal information online.

TRY TO REMAIN CALM
It's important to remain calm when talking to your child about their online lives. This can help them to feel more comfortable talking to you about their online lives. It can also help them to understand that you are not angry with them for using the internet. It can also help them to understand that you are not trying to control their online lives.

CREATE A FAMILY AGREEMENT
Creating a family agreement can help to ensure that everyone in the family understands the rules of the internet. This can help to ensure that everyone is on the same page. It can also help to ensure that everyone is aware of the risks of the internet. It can also help to ensure that everyone is aware of the benefits of the internet.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE
It's important to be open and honest when talking to your child about their online lives. This can help them to understand that you are not trying to control their online lives. It can also help them to understand that you are not trying to hide anything from them. It can also help them to understand that you are not trying to make them feel guilty about their online lives.

REMEMBER YOUR CHILD THEY CAN ALWAYS TALK TO YOU
It's important to remember that your child can always talk to you about their online lives. This can help them to feel more comfortable talking to you about their online lives. It can also help them to understand that you are always there for them. It can also help them to understand that you are always there for them.

KEEP TALKING!
It's important to keep talking to your child about their online lives. This can help them to understand that you are always interested in their online lives. It can also help them to understand that you are always there for them. It can also help them to understand that you are always there for them.

Meet Our Expert
National Online Safety is a charity that provides free advice and support to parents, carers and other adults about online safety. We have a team of experts who can help you to understand the risks of the internet and how to keep your child safe online. We also have a team of experts who can help you to understand the benefits of the internet and how to get the most out of it.

National Online Safety
#WakeUpWednesday

www.nationalsafesecurity.com @nationalsafesecurity /NationalOnlineSafety @nationalsafesecurity

© National Online Safety 2015. All rights reserved. No liability is accepted for any content on this page of release 01.05.2015

Half Termly Christian Value

HUMILITY

Humility- humble attitude of mind
(Oxford School Dictionary)




"Humility is not thinking less of yourself, it is thinking of yourself less."
C.S. Lewis

Be completely humble and gentle; be patient, bearing with one another in love
Ephesians 4:2



HUMILITY
謙遜
"BE LIKE THE BAMBOO
THE HIGHER YOU GROW
THE DEEPER YOU BOW"
CHINESE PROVERB

"I can do all things through Christ who strengthens me"
PHILIPPIANS 4:13

Church Service in Alderton

Services this Sunday:

9.00am Great Washbourne HC

10.30am Dumbleton HC

Winchcombe Arts Hub

A Hall for Winchcombe Open Day, Saturday 4 Feb, 10-4pm

An action group is working to buy the Methodist Church and convert it into a community hub for the arts, performance and youth activities for Winchcombe and the surrounding area.



Come to the Open Day, Sat Feb 4th and have your say

- Artist impressions of how the centre could look
- Bring your suggestions
- Express your support
- Sign on for updates
- Help decide a name and logo

Tea and coffee provided.

Activities for the young.

Or to join our supporters or offer to help, email at any time to:
hall4winchcombe@gmail.com



See the vision, shape the future

Free School Meals

We would like to make you aware of the Holiday Free School Meal voucher scheme that Gloucestershire County Council is currently offering to families in Gloucestershire.

Applications for Holiday Free School Meal vouchers for February half term are now open until the 7 February. Voucher emails will be sent out on 13 February.

If you have not received your vouchers by 14 February please email childrensfund@gloucestershire.gov.uk.

This February half term, Gloucestershire County Council are providing vouchers to eligible families who have signed up to our Holiday Free School Meals (FSM) scheme. These vouchers are provided by Gloucestershire County Council as part of their commitment to 'no child goes hungry'. The vouchers are funded through grant funding they have received and they are separate to that of term time free school meals.

The scheme is for children in reception to year 11 who receive benefits-related free school meals and attend a school in Gloucestershire.

Families who have signed up to the scheme or who are already registered will receive £15 per child, for the February half term week.

To find out more about the scheme and to apply, parents can visit the holiday free school meal vouchers webpage, seen below:

<https://www.gloucestershire.gov.uk/education-and-learning/school-transport-and-free-school-meals/meals-during-school-holidays/holiday-free-school-meal-vouchers/holiday-free-school-meal-vouchers/#main>

If you have signed up previously you do not need to re-register. You will already have been included.

<https://www.gloucestershire.gov.uk/education-and-learning/school-transport-and-free-school-meals/apply-for-free-school-meals/>

For any parents wishing to update details of an existing application, please email childrensfund@gloucestershire.gov.uk so we can update their account, as details are not automatically updated.

Rowan Class

This week in Rowan Class we enjoyed a visit from our friend Harold. The Life Education Bus was in school on Tuesday and Anita and her giraffe friend Harold taught us all about keeping our bodies healthy. Anita was really impressed with how much the children already knew about their bodies, hygiene and healthy eating.

In Maths we have begun new units of work. Year 1 have been recognising their numbers to 20 and learning to write their numbers as words. Year 2 have been recognising and making equal groups as part of their multiplication unit. Reception have been focusing on one more one less and the number 8!

In English we have been writing our steps within our instructions for how to make a bird feeder. Next week we will be writing our own step of instructions!



Elm Class

The children in Elm Class enjoyed a session on healthy lifestyles this week with the SCARF mobile classroom visiting the school. We have also started a new book in English entitled Flood - a picture book with no words linked to our Rivers and Mountains topic.

We have been busy planning two class trips for the children to look forward to:

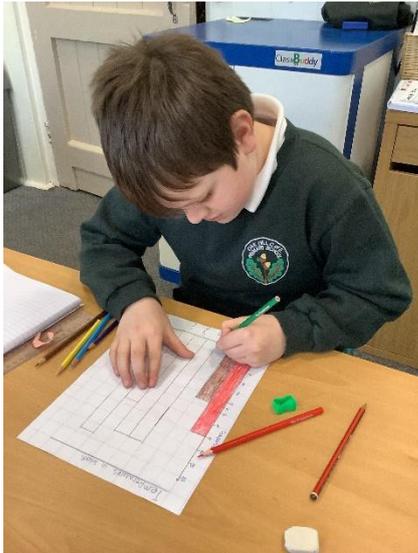
MAD Museum and Butterfly Farm on 6th of March

<https://themadmuseum.co.uk/>

(letter home soon)

FarmEd - Coneygree Farm on 16th June

<https://www.farm-ed.co.uk/>



newspapers to add to the back cover of the book.

In Maths, we have been exploring shape and measure. So far we have covered area and perimeter of rectilinear shapes but will move onto other shapes and volume later in the unit.

In topic, the children explored different features of the arctic and Antarctic explaining the similarities and differences between them. In PHSE the children discussed what it means to be part of a community sharing the various communities they belong to. We then focused in on the school community and what we like and dislike about it. The children were all very keen to start the day at 10am to avoid getting up so early!



We had a great time in the Life Education tent on Tuesday where the children learned about legal and illegal drugs and how to be assertive in situations we need to be firm in.

In PE, the children finished off their 90s routines and then slid into the 2000s by learning the Cha Cha Slide. It was a lot of fun!



Redwood Class

This week the children turned their Snowman stories into actual books which we shared with Rowan Class. Afterwards, the children in Rowan Class showed off their fantastic reading to Redwood Class. It was lovely to see the children take such care to write up and add illustrations and a few even made up book reviews from



House Points

House point totals for this week:

Ashdown 163

Sherwood 175

Dean 191

Stars of the Week

Rowan Class:

Star of the Week - Teddy for showing a great interest in our topic work on the RNLI

Value of the Week - Sienna for always being polite and respectful to others

Elm Class:

Star of the Week - Evelyn for always working hard in class

Value of the Week - Rosa for her worthwhile contributions in class

Redwood Class:

Star of the Week - Freddie being confident in different situations, sharing his thoughts.

Value of the Week - Ellie being a good friend and checking in on others in her class.

Diary Dates

Please be aware that these may be subject to change.

February

2nd Introduction to Parliament Year 5/6

3rd Year 3/4 Swimming

7th Let's Connect Activity Day

Safer Internet Day

10th Year 3/4 Swimming

13th Year 5/6 Tewkesbury Museum Visit

17th Year 3/4 Swimming

End of Term

27th Term Starts

March

2nd World Book Day

String Quartet in

3rd Year 3/4 Swimming

6th Year 3/4 MAD Museum Visit

7th School Photos

8th R/Y1/2 Newport Wetland Centre
Visit

10th Year 3/4 Swimming

13th Assessment Week

17th Year 3/4 Swimming

20th Bishop's Visitor visiting

21st Parents Evening

22nd Parents Evening

24th Year 3/4 Swimming

29th Craft Day

30th School Disco

31st Easter Service 2pm

Term Ends